



Job Title: Physical Therapist

Department: Physical Therapy

Reports To: Physical Therapy Manager

Work Schedule: Monday-Friday, 7-5. May be adjusted to meet patient needs

Summary: Plans and administers medically prescribed physical therapy treatment for patients suffering from injuries, or muscle, nerve, joint and bone diseases, to restore function, relieve pain, and prevent disability by performing the following duties.

Essential Duties and Responsibilities: include the following. Other duties may be assigned

Reviews Physician's referral (prescription) and patient's condition and medical records to determine physical therapy treatment required.

Tests and measures patient's strength, motor development, sensory perception, functional capacity, and respiratory and circulatory efficiency, and records findings to develop or revise treatment programs.

Plans and prepares written treatment program based on evaluation of patient data.

Administers manual exercises to improve and maintain function.

Instructs, motivates, and assists patient to perform various physical activities and in use of assistant and supportive devices such as crutches, canes, and prostheses.

Administers treatments involving application of physical agents.

Evaluates effects of treatment at various stages and adjusts treatments to achieve maximum benefit.

Administers massage.

Administers traction to relieve pain.

Records treatment, response, and progress in patient's chart or enters information into computer.

Instructs patient and family in treatment procedures to be continued at home.

Confers with Physician and other practitioners to obtain additional patient information, suggest revisions in treatment program, and integrate physical therapy treatment with other aspects of patient's health care.

Orients, instructs, and directs work activities of assistants, aides, and students.

Plans and conducts lectures and training programs on physical therapy and related topics for medical staff, students, and community groups.

Plans and develops physical therapy research programs and participates in conducting research.

Dictates notes of treatment for patient files/completes medical records.

Other related duties as required.

Qualifications : To perform this job successfully, an individual must be able to perform each essential duty satisfactorily.

The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be

made to enable individuals with disabilities to perform the essential functions.

Education and/or Experience :

Bachelors, Masters, or Doctorate degree from an accredited institution.

Minimum of 3 years related work experience, preferably in an outpatient setting.

N. C. License required.

CPR certification required.

Basic computer skills.

Ability to prioritize tasks and work independently.

Experience in maintaining confidentiality in dealing with sensitive issues.

Ability to deal with frequent change, delays, and/or unexpected events.

Be willing to work in a team environment and contribute to building a positive team spirit.

Good communication skills required in dealing with diverse patient population, often concerning stressful and/or emotional situations.

Physical Demands : The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this Job, the employee is regularly required to stand; use hands to finger, handle, or feel; reach with hands and arms and talk or hear. The employee must occasionally support and/or assist patients weighing more than 200 pounds.

Revised October 2004

Revised November 2008

Revised January 2016

Revised May 2019